



Sanjeevani Multipurpose Foundation's DR. DEEPAK PATIL AYURVEDIC MEDICAL COLLEGE AND RESEARCH CENTER

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Ranked 1 in 'Desh Ka Prakriti Parikshan Abhiyan'



Best Practice: Free Mobile Health Checkup Clinic Vehicles

1. Title of the Practice:

Mobile Ayurveda Health Checkup Clinic for Community Outreach and Preventive Care

2. Objectives of the Practice:

- To provide free Ayurvedic medical consultation, check-ups, and medicine distribution to underserved rural communities.
- To increase awareness about preventive healthcare, Ayurveda lifestyle (Dinacharya, Ritucharya), and Yoga practices.
- To educate villagers about Government health schemes and facilitate their enrollment.
- To give UG and PG students hands-on training in community health, patient communication, and clinical exposure.

3. The Context:

Many rural populations lack access to primary healthcare and preventive guidance. A college-based free mobile health clinic bridges this gap, while also giving students practical exposure. Since the institution is emerging (6–7 years old), this practice establishes its visibility, social responsibility, and community trust.

4. The Practice:

A dedicated Mobile Health Vehicle visits nearby villages on a rotational schedule (weekly/fortnightly).

Services provided include:

- Free consultations by Ayurveda physicians.
- Basic health check-ups (BP, BMI, Hemoglobin, RBS if feasible).
- Free dispensing of Ayurvedic medicines from the college pharmacy.
- Health awareness programs on topics like hygiene, women's health, nutrition, and NCD prevention.
- Education on Government schemes (Ayushman Bharat, Jan Aushadhi, Arogyasri, etc.).

- Demonstrations of operating procedures like handwashing, ORS preparation, home remedies.
- Student duty rosters are maintained for participation in camps.
- Each visit is documented with attendance registers, medicine distribution records, and photographs.

5. Evidence of Success:

- In the last year, the mobile clinic covered more than 50 villages and served more than 35000 beneficiaries in rotation visits
- Significant number of patients were educated and linked to Ayushman Bharat scheme.
- Increased OPD flow in the parent hospital from camp beneficiaries.
- Villagers reported better awareness about hygiene, diet, and preventive practices.
- College reputation and visibility in nearby districts enhanced.

6. Problems Encountered and Resources Required:

Problems: Logistical challenges (fuel, vehicle maintenance), ensuring regular supply of medicines, convincing villagers to participate in awareness sessions.

Resources Required:

Mobile health vehicle with basic diagnostic tools.

Ayurvedic medicines from college pharmacy.

Pamphlets, posters, IEC material.

Faculty and student volunteers.

Budget support from college or CSR funds.

7. Outcomes:

- Improved community health access** – thousands of patients benefited at their doorstep.
- Awareness** - about preventive care and government schemes increased in rural areas.
- Students gained practical skills** in public health, communication, and real-world Ayurveda practice.
- Enhanced the institution's social responsibility profile** – useful for accreditation and community recognition.